

FVRA Practice Schedule

10/4/2026

Date	Arena	Start Time	End Time	Event	Division
Monday, October 5	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U10
Tuesday, October 6	George Preston	9:00 PM	10:00 PM	Practice	Open A
Tuesday, October 6	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, October 6	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B2
Tuesday, October 6	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, October 6	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, October 6	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, October 6	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14
Tuesday, October 6	Sportsplex Rink 3	8:15 AM	9:15 PM	Practice	U16
Tuesday, October 6	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B1
Thursday, October 8	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U14 Zone
Sunday, October 11	Sportsplex Rink 1	9:30 AM	10:30 AM	Practice	Fundamentals
Sunday, October 11	Sportsplex Rink 1	1:15 PM	2:15 PM	Practice	U14
Tuesday, October 13	George Preston	9:00 PM	10:00 PM	Practice	Open B1
Tuesday, October 13	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, October 13	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B2
Tuesday, October 13	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, October 13	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, October 13	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, October 13	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14
Tuesday, October 13	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U16 Zone
Tuesday, October 13	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open A
Thursday, October 15	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U16/U19 Zone
Sunday, October 18	Sportsplex Rink 1	8:15 AM	9:15 AM	Practice	Open A
Sunday, October 18	Sportsplex Rink 1	9:30 AM	10:30 AM	Practice	Fundamentals
Sunday, October 18	Sportsplex Rink 1	10:45 AM	11:45 AM	Practice	U16 Zone
Monday, October 19	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U12/U14 Club
Tuesday, October 20	George Preston	9:00 PM	10:00 PM	Practice	Open A
Tuesday, October 20	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, October 20	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B1
Tuesday, October 20	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, October 20	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, October 20	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12/U14 Club
Tuesday, October 20	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14/U16 Zone
Tuesday, October 20	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U16
Tuesday, October 20	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B2
Thursday, October 22	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U14 Zone
Sunday, October 25	Sportsplex Rink 1	9:30 AM	10:30 AM	Practice	Fundamentals
Monday, October 26	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U10
Tuesday, October 27	George Preston	9:00 PM	10:00 PM	Practice	Open B1
Tuesday, October 27	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, October 27	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B2
Tuesday, October 27	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, October 27	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, October 27	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12

Tuesday, October 27	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U16 Zone
Tuesday, October 27	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U14
Tuesday, October 27	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open A
Thursday, October 29	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U16/U19 Zone
Sunday, November 1	Sportsplex Rink 1	9:30 AM	10:30 AM	Practice	Fundamentals
Monday, November 2	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U12/U14 Club
Tuesday, November 3	George Preston	9:00 PM	10:00 PM	Practice	Open B2
Tuesday, November 3	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, November 3	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B1
Tuesday, November 3	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, November 3	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U14 Zone
Tuesday, November 3	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, November 3	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14
Tuesday, November 3	Sportsplex Rink 3	8:15 AM	9:15 PM	Practice	U16
Tuesday, November 3	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open A
Thursday, November 5	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U14 Zone
Sunday, November 8	Sportsplex Rink 1	9:00 AM	10:00 AM	Practice	Fundamentals
Monday, November 9	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U10
Tuesday, November 10	George Preston	9:00 PM	10:00 PM	Practice	Open B2
Tuesday, November 10	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, November 10	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open A
Tuesday, November 10	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, November 10	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, November 10	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, November 10	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14
Tuesday, November 10	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U16
Tuesday, November 10	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B1
Thursday, November 12	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U16/U19 Zone
Sunday, November 15	Sportsplex Rink 1	9:30 AM	10:30 AM	Practice	Fundamentals
Monday, November 16	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U12/U14 Club
Tuesday, November 17	George Preston	9:00 PM	10:00 PM	Practice	Open B1
Tuesday, November 17	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, November 17	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open A
Tuesday, November 17	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, November 17	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, November 17	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, November 17	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U16 Zone
Tuesday, November 17	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U14
Tuesday, November 17	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B2
Thursday, November 19	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U14 Zone
Sunday, November 22	Sportsplex Rink 1	9:30 AM	10:30 AM	Practice	Fundamentals
Monday, November 23	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U10
Tuesday, November 24	George Preston	9:00 PM	10:00 PM	Practice	Open B1
Tuesday, November 24	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, November 24	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B2
Tuesday, November 24	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, November 24	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, November 24	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12/U14 Club

Tuesday, November 24	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U16 Zone
Tuesday, November 24	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U14 Zone
Tuesday, November 24	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open A
Thursday, November 26	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U16/U19 Zone
Sunday, November 29	Sportsplex Rink 1	9:30 AM	10:30 AM	Practice	Fundamentals
Monday, November 30	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U12/U14 Club
Tuesday, December 1	George Preston	9:00 PM	10:00 PM	Practice	Open A
Tuesday, December 1	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, December 1	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B2
Tuesday, December 1	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, December 1	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U14 Zone
Tuesday, December 1	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12/U14 Club
Tuesday, December 1	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U19 Zone
Tuesday, December 1	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U16
Tuesday, December 1	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B1
Thursday, December 3	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U14 Zone
Monday, December 7	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U10
Tuesday, December 8	George Preston	9:00 PM	10:00 PM	Practice	Open A
Tuesday, December 8	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, December 8	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B2
Tuesday, December 8	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, December 8	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, December 8	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, December 8	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14
Tuesday, December 8	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U16 Zone
Tuesday, December 8	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B1
Thursday, December 10	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U16/U19 Zone
Sunday, December 13	Sportsplex Rink 1	9:30 AM	10:30 AM	Practice	Fundamentals
Monday, December 14	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U12/U14 Club
Tuesday, December 15	George Preston	9:00 PM	10:00 PM	Practice	Open B1
Tuesday, December 15	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, December 15	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open A
Tuesday, December 15	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, December 15	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, December 15	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12/U14 Club
Tuesday, December 15	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U16 Zone
Tuesday, December 15	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U16
Tuesday, December 15	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B2
Thursday, December 17	Sportsplex Rink 1	5:00 PM	6:00 PM	Development	U14 Zone
Tuesday, January 5	George Preston	9:00 PM	10:00 PM	Practice	Open B1
Tuesday, January 5	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, January 5	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open A
Tuesday, January 5	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, January 5	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U14 Zone
Tuesday, January 5	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, January 5	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14
Tuesday, January 5	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U16
Tuesday, January 5	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B2

Tuesday, January 12	George Preston	9:00 PM	10:00 PM	Practice	Open B2
Tuesday, January 12	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, January 12	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B1
Tuesday, January 12	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, January 12	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, January 12	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, January 12	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14
Tuesday, January 12	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U14 Zone
Tuesday, January 12	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open A
Tuesday, January 19	George Preston	9:00 PM	10:00 PM	Practice	Open A
Tuesday, January 19	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, January 19	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B1
Tuesday, January 19	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, January 19	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, January 19	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, January 19	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14
Tuesday, January 19	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U16 Zone
Tuesday, January 19	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B2
Tuesday, January 26	George Preston	9:00 PM	10:00 PM	Practice	Open A
Tuesday, January 26	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, January 26	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B1
Tuesday, January 26	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, January 26	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, January 26	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12/U14 Club
Tuesday, January 26	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U16 Zone
Tuesday, January 26	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U16
Tuesday, January 26	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B2
Tuesday, February 2	George Preston	9:00 PM	10:00 PM	Practice	Open B2
Tuesday, February 2	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, February 2	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B1
Tuesday, February 2	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, February 2	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U14 Zone
Tuesday, February 2	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, February 2	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14
Tuesday, February 2	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U16
Tuesday, February 2	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open A
Tuesday, February 9	George Preston	9:00 PM	10:00 PM	Practice	Open B1
Tuesday, February 9	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, February 9	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B2
Tuesday, February 9	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, February 9	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, February 9	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, February 9	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14
Tuesday, February 9	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U14 Zone
Tuesday, February 9	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open A
Tuesday, February 16	George Preston	9:00 PM	10:00 PM	Practice	Open B2
Tuesday, February 16	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, February 16	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open A

Tuesday, February 16	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, February 16	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, February 16	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12/U14 Club
Tuesday, February 16	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U16 Zone
Tuesday, February 16	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U16
Tuesday, February 16	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B1
Tuesday, February 23	George Preston	9:00 PM	10:00 PM	Practice	Open B2
Tuesday, February 23	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, February 23	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B1
Tuesday, February 23	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, February 23	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U19 Zone
Tuesday, February 23	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, February 23	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U16 Zone
Tuesday, February 23	Sportsplex Rink 3	8:15 PM	9:15 PM	Practice	U14
Tuesday, February 23	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open A
Tuesday, March 2	George Preston	9:00 PM	10:00 PM	Practice	Open A
Tuesday, March 2	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, March 2	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open B1
Tuesday, March 2	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, March 2	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U16/U19 Zone
Tuesday, March 2	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, March 2	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14
Tuesday, March 2	Sportsplex Rink 3	8:15 AM	9:15 PM	Practice	U16
Tuesday, March 2	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B2
Tuesday, March 9	George Preston	9:00 PM	10:00 PM	Practice	Open B2
Tuesday, March 9	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U10
Tuesday, March 9	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open A
Tuesday, March 9	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fundamentals
Tuesday, March 9	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	U16/U19 Zone
Tuesday, March 9	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U12
Tuesday, March 9	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U14
Tuesday, March 9	Sportsplex Rink 3	8:15 AM	9:15 PM	Practice	U16
Tuesday, March 9	Sportsplex Rink 3	9:30 PM	10:30 PM	Practice	Open B1