

September 16th to September 28th, 2025 Practice Schedules

Fundamentals (Fun 1 and 2 - 21 Athletes)

Tuesday, September 16	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fun 1's
Thursday, September 18	Sportsplex Rink 1	5:00 PM	6:00 PM	Practice	Fun 2's
Sunday, September 21	Sportsplex Rink 1	9:30 AM	10:30 AM	Practice	Combined FUN 1's and Fun 2's
Tuesday, September 23	Sportsplex Meeting Room	5:00 PM		Coach's/Mgr's Meeting	
Tuesday, September 23	Sportsplex Rink 2	5:15 PM	6:15 PM	Practice	Fun 1's
Thursday, September 25	Sportsplex Rink 1	5:00 PM	6:00 PM	Practice	Fun 2's

U10's (22 Athletes - 2 Teams)

Tuesday, September 16	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U10
Saturday, September 20	George Preston	11:00 AM	12:00 PM	Practice	U10
Tuesday, September 23	Sportsplex Meeting Room	5:00 PM		Coach's/Mgr's Meeting	
Tuesday, September 23	Sportsplex Rink 3	5:45 PM	6:45 PM	Practice	U10
Sunday, September 28	Sportsplex Rink 1	9:30 AM	10:30 AM	Practice	U10

U12's (24 Athletes - 2 Teams)

Tuesday, September 16	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U12
Saturday, September 20	George Preston	9:45 AM	10:45 AM	Practice	U12
Tuesday, September 23	Sportsplex Meeting Room	5:00 PM		Coach's/Mgr's Meeting	
Tuesday, September 23	Sportsplex Rink 3	7:00 PM	8:00 PM	Practice	U12
Saturday, September 27	George Preston	11:00 AM	12:00 PM	Practice	U12

U14's Zone team

Sunday, September 21	Sportsplex Rink 1	12:00 PM	1:00 PM	Practice	U14 Zone
Tuesday, September 23	Sportsplex Meeting Room	5:00 PM		Coach's/Mgr's Meeting	
Tuesday, September 23	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	U14 Zone

U16's Zone East

Monday, September 15	Aldergrove	6:00 PM	7:00 PM	Practice	U16 Zone
Thursday, September 18	George Preston	6:15 PM	7:15 PM	Practice	U16 ZOne
Monday, September 22	Aldergrove	7:00 PM	8:00 PM	Practice	U16 Zone (No Ice Clean)
Tuesday, September 23	Sportsplex Meeting Room	5:00 PM		Coach's/Mgr's Meeting	

U19's Zone East

Monday, September 15	Aldergrove	7:00 PM	8:00 PM	Practice	U19 Zone (No Ice Clean)
Monday, September 22	Aldergrove	6:00 PM	7:00 PM	Practice	U19 Zone
Tuesday, September 23	Sportsplex Meeting Room	5:00 PM		Coach's/Mgr's Meeting	
Thursday, September 25	George Preston	6:15 PM	7:15 PM	Practice	U19 Zone

18+ Open A

Tuesday, September 16	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Open A
Sunday, September 21	Sportsplex Rink 1	10:45 AM	11:45 AM	Practice	Open A
Tuesday, September 23	Sportsplex Meeting Room	5:00 PM		Coach's/Mgr's Meeting	
Tuesday, September 23	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Shared with Open B

18+ Open B 1

Tuesday, September 16	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	Open B 1
Saturday, September 20	George Preston	12:15 PM	1:15 PM	Practice	Shared with Open B 2
Tuesday, September 23	Sportsplex Meeting Room	5:00 PM		Coach's/Mgr's Meeting	
Tuesday, September 23	Sportsplex Rink 1	9:00 PM	10:15 PM	Practice	Shared with Open A

18+ Open B 2

Tuesday, September 16	Sportsplex Rink 1	6:15 PM	7:15 PM	Practice	18+ Open (Dvision TBD)
Saturday, September 20	George Preston	12:15 PM	1:15 PM	Practice	Shared with Open B 1
Tuesday, September 23	Sportsplex Meeting Room	5:00 PM		Coach's/Mgr's Meeting	
Tuesday, September 23	Sportsplex Rink 2	6:30 PM	7:30 PM	Practice	18+ Open B 2

Masters Division - 14 Athletes

Saturday, September 20	Sportsplex Rink 3	7:45 PM	8:45 PM	Practice	Masters
Tuesday, September 23	Sportsplex Meeting Room	5:00 PM		Coach's/Mgr's Meeting	
Saturday, September 27	Sportsplex Rink 3	7:45 PM	8:45 PM	Practice	Masters