



FRASER VALLEY RINGETTE
PRACTICE SCHEDULE
September 30th to October 6th, 2024



Fun 1 & Fun 2

Date	Arena	Start Time	End Time	Team	Game/Practice
Monday, Sep 30 2024	Aldergrove (ACC)	6:00 PM	7:00 PM	Funs	Development
Tuesday, Oct 1 2024	Sportsplex Rink 2	5:15 PM	6:15 PM	Funs	Practice
Sunday, Oct 6 2024	Sportsplex Rink 1	10:45 AM	11:45 AM	Funs	Practice

U10

Date	Arena	Start Time	End Time	Team	Game/Practice
Monday, Sep 30 2024	Aldergrove (ACC)	7:00 PM	8:00 PM	U10's	Development
Tuesday, Oct 1 2024	Sportsplex Rink 2	5:45 PM	6:45 PM	U10's	Practice
Saturday, Oct 5 2024	George Preston	9:45 AM	10:45 AM	U10's	Practice

U12

Date	Arena	Start Time	End Time	Team	Game/Practice
Thursday, Oct 3 2024	Sportsplex Rink 1	5:00 PM	6:00 PM	U12's	Practice
Saturday, Oct 5 2024	George Preston	11:00 AM	12:00 PM	U12's	Practice

U14 Zone

Date	Arena	Start Time	End Time	Team	Game/Practice
Tuesday, Oct 1 2024	Sportsplex Rink 1	6:15 PM	7:15 PM	U14 Zone	Practice
Sunday, Oct 6 2024	Sportsplex Rink 1	12:00 PM	1:00 PM	U14 Zone	Practice

U14 Club Zone(merged with Poco)

Check your practice Schedule with your Coach

U16 Zone

Date	Arena	Start Time	End Time	Team	Game/Practice
Check your practice Schedule with your Coach					

U19 Zone

Date	Arena	Start Time	End Time	Team	Game/Practice
Thursday, Oct 3 2024	George Preston	6:15 PM	7:15 PM	U19 Zone	Practice

Open A

Date	Arena	Start Time	End Time	Team	Game/Practice
Tuesday, Oct 1 2024	Sportsplex Rink 1	9:00 PM	10:15 PM	Open A	Practice
Saturday, Oct 5 2024	George Preston	12:15 PM	1:15 PM	Open A	Practice

Open B

Date	Arena	Start Time	End Time	Team	Game/Practice
Tuesday, Oct 1 2024	Sportsplex Rink 2	6:30 PM	7:30 PM	Open B	Practice
Sunday, Oct 6 2024	Sportsplex Rink 1	9:30 AM	10:30 AM	Open B	Practice

Masters

Date	Arena	Start Time	End Time	Team	Game/Practice
Saturday, Oct 5 2024	Sportsplex Rink 3	7:45 PM	8:45 PM	Masters	Practice