



FRASER VALLEY RINGETTE  
PRACTICE SCHEDULE  
September 23rd to September 29th, 2024



**Fun 1 & Fun 2**

Date	Arena	Start Time	End Time	Team	Game/Practice
Monday, Sep 23 2024	Aldergrove (ACC)	6:00 PM	7:00 PM	Fun 2's/U10 (Beg)	Skating Drills
Tuesday, Sep 24 2024	Sportsplex Rink 2	5:15 PM	6:15 PM	Funs	Practice
Sunday, Sep 29 2024	Sportsplex Rink 1	10:45 AM	11:45 AM	Funs	Practice

**U10**

Date	Arena	Start Time	End Time	Team	Game/Practice
Tuesday, Sep 24 2024	Sportsplex Rink 3	5:45 PM	6:45 PM	U10's	Practice
Thursday, Sep 26 2024	George Preston	6:15 PM	7:15 PM	U10's	Practice
Saturday, Sep 28 2024	George Preston	12:15 PM	1:15 PM	U10's	Practice

**U12**

Date	Arena	Start Time	End Time	Team	Game/Practice
Monday, Sep 23 2024	Aldergrove (ACC)	7:00 PM	8:00 PM	U12's	Practice
Thursday, Sep 26 2024	Sportsplex Rink 1	5:00 PM	6:00 PM	U12's	Practice
Saturday, Sep 28 2024	George Preston	9:45 AM	10:45 AM	U12's	Practice

**U14 Zone and Club Zone(merged with Poco)**

Date	Arena	Start Time	End Time	Team	Game/Practice
Check your practice Schedule with your Coach					

**U16 Zone**

Date	Arena	Start Time	End Time	Team	Game/Practice
Check your practice Schedule with your Coach					

**U19 Zone**

Date	Arena	Start Time	End Time	Team	Game/Practice
Tuesday, Sep 24 2024	Sportsplex Rink 1	6:15 PM	7:15 PM	U19 Zone	Practice

**Open A**

Date	Arena	Start Time	End Time	Team	Game/Practice
Tuesday, Sep 24 2024	Sportsplex Rink 2	6:30 PM	7:30 PM	Open A	Practice
Saturday, Sep 28 2024	George Preston	11:00 AM	12:00 PM	Open A	Exhibition Game (Vic)

**Open B**

Date	Arena	Start Time	End Time	Team	Game/Practice
Tuesday, Sep 24 2024	Sportsplex Rink 1	9:00 PM	10:15 PM	Open B	Practice
Sunday, Sep 29 2024	Sportsplex Rink 1	12:00 PM	1:00 PM	Open B	Practice

**Masters**

Date	Arena	Start Time	End Time	Team	Game/Practice
Saturday, Sep 28 2024	Sportsplex Rink 3	7:45 PM	8:45 PM	Masters	Practice