



FRASER VALLEY RINGETTE  
PRACTICE SCHEDULE  
Sept 19-Oct 2, 2022



**Fun 1 & Fun 2**

Date	Arena	Start Time	End Time	Team	Game/Practice
Thursday, Sep 22 2022	Sportsplex Rink 1	5:00 PM	6:00 PM	FUN 1/2 & U10	Practice
Sunday, Sep 25 2022	Sportsplex Rink 1	10:45 AM	11:45 AM	FUN 1/2 & U10	Practice
Thursday, Sep 29 2022	Sportsplex Rink 1	5:00 PM	6:00 PM	FUN 1/2 & U10	Practice
Sunday, Oct 2 2022	Sportsplex Rink 1	9:30 AM	10:30 AM	Goalie Development	Development
Sunday, Oct 2 2022	Sportsplex Rink 1	10:45 AM	11:45 AM	FUN 1/2 & U10	Practice

**U10**

Date	Arena	Start Time	End Time	Team	Game/Practice
Thursday, Sep 22 2022	Sportsplex Rink 1	5:00 PM	6:00 PM	FUN 1/2 & U10	Practice
Sunday, Sep 25 2022	Sportsplex Rink 1	10:45 AM	11:45 AM	FUN 1/2 & U10	Practice
Monday, Sep 26 2022	Aldergrove	6:00 PM	7:00 PM	U10 & U12	Development
Thursday, Sep 29 2022	Sportsplex Rink 1	5:00 PM	6:00 PM	FUN 1/2 & U10	Practice
Sunday, Oct 2 2022	Sportsplex Rink 1	9:30 AM	10:30 AM	Goalie Development	Development
Sunday, Oct 2 2022	Sportsplex Rink 1	10:45 AM	11:45 AM	FUN 1/2 & U10	Practice

**U12**

Date	Arena	Start Time	End Time	Team	Game/Practice
Tuesday, Sep 20 2022	Sportsplex Rink 2	5:15 PM	6:15 PM	U12	Practice
Sunday, Sep 25 2022	Sportsplex Rink 1	12:00 PM	1:00 PM	U12	Practice
Monday, Sep 26 2022	Aldergrove	6:00 PM	7:00 PM	U10 & U12	Development
Tuesday, Sep 27 2022	Sportsplex Rink 2	5:15 PM	6:15 PM	U12	Practice
Sunday, Oct 2 2022	Sportsplex Rink 1	9:30 AM	10:30 AM	Goalie Development	Development
Sunday, Oct 2 2022	Sportsplex Rink 1	12:00 PM	1:00 PM	U12	Practice

**U14 Club**

Date	Arena	Start Time	End Time	Team	Game/Practice
Monday, Sep 19 2022	Aldergrove	6:00 PM	7:00 PM	U14/U16 Club	Development
Tuesday, Sep 20 2022	Sportsplex Rink 3	5:45 PM	6:45 PM	U14 - Club	Practice
Saturday, Sep 24 2022	George Preston	12:15 PM	1:15 PM	U14 /U16 - Club	Practice
Sunday, Oct 2 2022	Sportsplex Rink 1	9:30 AM	10:30 AM	Goalie Development	Development

**U16 Club**

Date	Arena	Start Time	End Time	Team	Game/Practice
Monday, Sep 19 2022	Aldergrove	6:00 PM	7:00 PM	U14/U16 Club	Development
Thursday, Sep 22 2022	George Preston	6:00 PM	7:00 PM	U16 - Club	Practice
Saturday, Sep 24 2022	George Preston	12:15 PM	1:15 PM	U14 /U16 - Club	Practice
Thursday, Sep 29 2022	George Preston	6:00 PM	7:00 PM	U16 - Club	Practice
Sunday, Oct 2 2022	Sportsplex Rink 1	9:30 AM	10:30 AM	Goalie Development	Development

**U19 Club**

Date	Arena	Start Time	End Time	Team	Game/Practice
Tuesday, Sep 20 2022	Sportsplex Rink 1	6:15 PM	7:15 PM	U19 - Club	Practice
Sunday, Sep 25 2022	Sportsplex Rink 1	9:30 AM	10:30 AM	U19 Club	Practice
Tuesday, Sep 27 2022	Sportsplex Rink 1	6:15 PM	7:15 PM	U19 - Club	Practice
Saturday, Oct 1 2022	George Preston	9:45 AM	10:45 AM	U19 - Club	Practice
Sunday, Oct 2 2022	Sportsplex Rink 1	9:30 AM	10:30 AM	Goalie Development	Development

**U14 Zone**

Date	Arena	Start Time	End Time	Team	Game/Practice
Tuesday, Sep 20 2022	Sportsplex Rink 2	6:30 PM	7:30 PM	U14 Zone	Practice
Saturday, Sep 24 2022	NSSIC	2:00 PM	3:00 PM	U14 Zone	Practice
Tuesday, Sep 27 2022	Sportsplex Rink 2	6:30 PM	7:30 PM	U14 Zone	Practice
Saturday, Oct 1 2022	NSSIC	2:00 PM	3:00 PM	U14 Zone	Practice
Sunday, Oct 2 2022	Sportsplex Rink 1	9:30 AM	10:30 AM	Goalie Development	Development

**U16 Zone**

Date	Arena	Start Time	End Time	Team	Game/Practice
Wednesday, Sep 21 2022	Surrey Sport and Leisure	7:30 PM	8:30 PM	U16 Zone	Practice

Saturday, Sep 24 2022	George Preston	11:00 AM	12:00 PM	U16 - Zone	Practice
Wednesday, Sep 21 2022	Surrey Sport and Leisure	7:30 PM	8:30 PM	U16 Zone	Practice
Saturday, Oct 1 2022	George Preston	11:00 AM	12:00 PM	U16 - Zone	Practice
Sunday, Oct 2 2022	Sportsplex Rink 1	9:30 AM	10:30 AM	Goalie Development	Development
<b>U19 Zone</b>					
<b>Date</b>	<b>Arena</b>	<b>Start Time</b>	<b>End Time</b>	<b>Team</b>	<b>Game/Practice</b>
Tuesday, Sep 20 2022	Surrey Sport and Leisure	9:00 PM	10:00 PM	U19 Zone	Practice
Saturday, Sep 24 2022	Sportsplex Rink 3	7:45 PM	8:45 PM	U19 - Zone	Practice
Tuesday, Sep 27 2022	Surrey Sport and Leisure	9:00 PM	10:00 PM	U19 Zone	Practice
Sunday, Oct 2 2022	Sportsplex Rink 1	9:30 AM	10:30 AM	Goalie Development	Development
<b>Open</b>					
<b>Date</b>	<b>Arena</b>	<b>Start Time</b>	<b>End Time</b>	<b>Team</b>	<b>Game/Practice</b>
Tuesday, Sep 20 2022	Sportsplex Rink 1	9:00 PM	10:15 PM	Open	Practice
Saturday, Sep 24 2022	George Preston	9:45 AM	10:45 AM	Open	EVAL
Tuesday, Sep 27 2022	Sportsplex Rink 1	9:00 PM	10:15 PM	Open A	Practice
Saturday, Oct 1 2022	George Preston	12:15 PM	1:15 PM	Open B	Practice
<b>Masters</b>					
<b>Date</b>	<b>Arena</b>	<b>Start Time</b>	<b>End Time</b>	<b>Team</b>	<b>Game/Practice</b>
Saturday, Oct 1 2022	Sportsplex Rink 3	7:45 PM	8:45 PM	Masters	Practice