



**PRACTICE SCHEDULE**  
**October 1 - October 31, 2019**  
**No Ice - Select times on Oct 26&27**  
**Listed by Division Posted: October 3rd, 2019**



## Fun 1&2

Date	Arena	Start Time	End Time	Division	Practice/Game
Thursday, Oct 3rd	Sportsplex Rink 1	5:00 PM	6:00 PM	Fun 1&2	Practice
Thursday, Oct 10th	Sportsplex Rink 1	5:00 PM	6:00 PM	Fun 1&2	Practice
Thursday, Oct 17th	Sportsplex Rink 1	5:00 PM	6:00 PM	Fun 1&2	Practice
Thursday, Oct 24th	Sportsplex Rink 1	5:00 PM	6:00 PM	Fun 1&2	Practice
Thursday, Oct 31st	Sportsplex Rink 1	5:00 PM	6:00 PM	Fun 1&2	Practice

## U10 - 1

Date	Arena	Start Time	End Time	Division	Practice/Game
Tuesday, Oct 1st	Sportsplex Rink 2	5:15 PM	6:15 PM	U10 1/2	Practice
Monday, Oct 7th	Aldergrove CCA	6:00 PM	7:00 PM	U10	Power Skating
Tuesday, Oct 8th	Sportsplex Rink 2	5:15 PM	6:15 PM	U10 1/2	Practice
Tuesday, Oct 15th	Sportsplex Rink 2	5:15 PM	6:15 PM	U10 1/2	Practice
Sunday, Oct 20th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Monday, Oct 21st	Aldergrove CCA	6:00 PM	7:00 PM	U10	Skills - Drills
Tuesday, Oct 22nd	Sportsplex Rink 2	5:15 PM	6:15 PM	U10 1/2	Practice
Tuesday, Oct 29th	Sportsplex Meeting Rm	3:00 PM	9:00 PM		Picture Night
Tuesday, Oct 29th	Sportsplex Rink 2	5:15 PM	6:15 PM	U10 1/2	Practice

## U10 - 2

Date	Arena	Start Time	End Time	Division	Practice/Game
Tuesday, Oct 1st	Sportsplex Rink 2	5:15 PM	6:15 PM	U10 1/2	Practice
Monday, Oct 7th	Aldergrove CCA	6:00 PM	7:00 PM	U10	Power Skating
Tuesday, Oct 8th	Sportsplex Rink 2	5:15 PM	6:15 PM	U10 1/2	Practice
Tuesday, Oct 15th	Sportsplex Rink 2	5:15 PM	6:15 PM	U10 1/2	Practice
Sunday, Oct 20th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Monday, Oct 21st	Aldergrove CCA	6:00 PM	7:00 PM	U10	Skills - Drills
Tuesday, Oct 22nd	Sportsplex Rink 2	5:15 PM	6:15 PM	U10 1/2	Practice
Tuesday, Oct 29th	Sportsplex Meeting Rm	3:00 PM	9:00 PM		Picture Night
Tuesday, Oct 29th	Sportsplex Rink 2	5:15 PM	6:15 PM	U10 1/2	Practice

## U12 - 1

Date	Arena	Start Time	End Time	Division	Practice/Game
Sunday, Oct 6th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Tuesday, Oct 8th	Sportsplex Rink 3	5:45 PM	6:45 PM	U12 1/2	Practice
Monday, Oct 14th	Aldergrove CCA	6:00 PM	7:00 PM	U12	Power Skating
Tuesday, Oct 15th	Sportsplex Rink 3	5:45 PM	6:45 PM	U12 1/2	Practice
Sunday, Oct 20th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Tuesday, Oct 22nd	Sportsplex Rink 3	5:45 PM	6:45 PM	U12 1/2	Practice
Monday, Oct 28th	Aldergrove CCA	6:00 PM	7:00 PM	U12	Skills - Drills
Tuesday, Oct 29th	Sportsplex Meeting Rm	3:00 PM	9:00 PM		Picture Night
Tuesday, Oct 29th	Sportsplex Rink 3	5:45 PM	6:45 PM	U12 1/2	Practice

## U12 - 2

Date	Arena	Start Time	End Time	Division	Practice/Game
Sunday, Oct 6th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Tuesday, Oct 8th	Sportsplex Rink 3	5:45 PM	6:45 PM	U12 1/2	Practice
Monday, Oct 14th	Aldergrove CCA	6:00 PM	7:00 PM	U12	Power Skating
Tuesday, Oct 15th	Sportsplex Rink 3	5:45 PM	6:45 PM	U12 1/2	Practice
Sunday, Oct 20th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Tuesday, Oct 22nd	Sportsplex Rink 3	5:45 PM	6:45 PM	U12 1/2	Practice

Monday, Oct 28th	Aldergrove CCA	6:00 PM	7:00 PM	U12	Skills - Drills
Tuesday, Oct 29th	Sportsplex Meeting Rm	3:00 PM	9:00 PM		Picture Night
Tuesday, Oct 29th	Sportsplex Rink 3	5:45 PM	6:45 PM	U12 1/2	Practice

## U14 - Zone

Date	Arena	Start Time	End Time	Division	Practice/Game
Sunday, Oct 6th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Monday, Oct 7th	Aldergrove CCA	7:00 PM	8:00 PM	U14	Power Skating
Tuesday, Oct 8th	Surrey SLC	7:45 PM	8:45 PM	U14 Zone	Practice
Tuesday, Oct 15th	Sportsplex Rink 1	6:15 PM	7:15 PM	U14 Zone	Practice
Sunday, Oct 20th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Monday, Oct 21st	Aldergrove CCA	7:00 PM	8:00 PM	U14	Skills - Drills
Wed, Oct 23rd	Surrey SLC	7:30 PM	8:30 PM	U14 Zone	Practice
Tuesday, Oct 29th	Sportsplex Meeting Rm	3:00 PM	9:00 PM		Picture Night
Tuesday, Oct 29th	Sportsplex Rink 1	6:15 PM	7:15 PM	U14 Zone	Practice

## U14 Club

Date	Arena	Start Time	End Time	Division	Practice/Game
Sunday, Oct 6th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Monday, Oct 7th	Aldergrove CCA	7:00 PM	8:00 PM	U14	Power Skating
Tuesday, Oct 8th	Sportsplex Rink 1	6:15 PM	7:15 PM	U14 Club	Practice
Tuesday, Oct 15th	Sportsplex Rink 2	6:30 PM	7:30 PM	U16/U14	Practice
Sunday, Oct 20th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Monday, Oct 21st	Aldergrove CCA	7:00 PM	8:00 PM	U14	Skills - Drills
Tuesday, Oct 22nd	Sportsplex Rink 1	6:15 PM	7:15 PM	U14 Club	Practice
Tuesday, Oct 29th	Sportsplex Meeting Rm	3:00 PM	9:00 PM		Picture Night
Tuesday, Oct 29th	Sportsplex Rink 2	6:30 PM	7:30 PM	U16/U14	Practice

## U16

Date	Arena	Start Time	End Time	Division	Practice/Game
Tuesday, Oct 1st	Sportsplex Rink 2	5:15 PM	6:15 PM	U10 1/2	Practice
Sunday, Oct 6th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Tuesday, Oct 8th	Sportsplex Rink 2	6:30 PM	7:30 PM	U16	Practice
Monday, Oct 14th	Aldergrove CCA	7:00 PM	8:00 PM	U16-U19	Power Skating
Tuesday, Oct 15th	Sportsplex Rink 2	6:30 PM	7:30 PM	U16/U14	Practice
Sunday, Oct 20th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Tuesday, Oct 22nd	Sportsplex Rink 2	6:30 PM	7:30 PM	U16	Practice
Monday, Oct 28th	Aldergrove CCA	7:00 PM	8:00 PM	U16-U19	Power Skating
Tuesday, Oct 29th	Sportsplex Meeting Rm	3:00 PM	9:00 PM		Picture Night
Tuesday, Oct 29th	Sportsplex Rink 2	6:30 PM	7:30 PM	U16/U14	Practice

## OPEN A

Date	Arena	Start Time	End Time	Division	Practice/Game
Sunday, Oct 6th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Tuesday, Oct 8th	Sportsplex Rink 1	9:00 PM	10:15 PM	Op A&B	Practice
Monday, Oct 14th	Aldergrove CCA	7:00 PM	8:00 PM	U16-U19	Power Skating
Tuesday, Oct 15th	Sportsplex Rink 1	9:00 PM	10:15 PM	Op A&B	Practice
Sunday, Oct 20th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Tuesday, Oct 22nd	Sportsplex Rink 1	9:00 PM	10:15 PM	Op A&B	Practice
Monday, Oct 28th	Aldergrove CCA	7:00 PM	8:00 PM	U16-U19	Power Skating
Tuesday, Oct 29th	Sportsplex Meeting Rm	3:00 PM	9:00 PM		Picture Night
Tuesday, Oct 29th	Sportsplex Rink 1	9:00 PM	10:15 PM	Op A&B	Practice

## OPEN B

Date	Arena	Start Time	End Time	Division	Practice/Game
Sunday, Oct 6th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Tuesday, Oct 8th	Sportsplex Rink 1	9:00 PM	10:15 PM	Op A&B	Practice
Monday, Oct 14th	Aldergrove CCA	7:00 PM	8:00 PM	U16-U19	Power Skating
Tuesday, Oct 15th	Sportsplex Rink 1	9:00 PM	10:15 PM	Op A&B	Practice

Sunday, Oct 20th	Sportsplex Rink 1	9:45 AM	10:45 AM	All	Goalie Dev
Tuesday, Oct 22nd	Sportsplex Rink 1	9:00 PM	10:15 PM	Op A&B	Practice
Monday, Oct 28th	Aldergrove CCA	7:00 PM	8:00 PM	U16-U19	Power Skating
Tuesday, Oct 29th	Sportsplex Meeting Rm	3:00 PM	9:00 PM		Picture Night
Tuesday, Oct 29th	Sportsplex Rink 1	9:00 PM	10:15 PM	Op A&B	Practice