



# Ringette Equipment Checklist



HELMET with RINGETTE CAGE



MOUTHGUARD - Recommended



PRACTICE JERSEY



NECKGUARD



SHOULDER PADS/CHEST PROTECTOR (U19 & Younger)



MALE – JOCK STRAP



ELBOW PADS



GLOVES

PELVIC PROTECTOR



FEMALE – JILL



RINGETTE GIRDLE



SHIN PADS



RINGETTE SHELL PANT



RINGETTE STICK



SKATES (Hockey Type)