

ATHLETE CODE OF CONDUCT (U14 Tween age and above)

The overall experience for athletes participating in sports should promote the development of healthy and positive values towards themselves, fellow athletes, officials and coaches. The following Code of Conduct has been developed to aid athletes in achieving a level of behaviour, which will assist them in becoming well rounded, self confident and productive human beings.

Athletes have a responsibility to:

1. Treat everyone fairly within the context of their activity, regardless of gender, place of origin, colour, sexual orientation, religion, political belief or economic status.
2. Consistently display high personal standards and project a favorable image of their sport and of playing.
 - a. Refrain from public criticism of fellow athletes, coaches and officials.
 - b. Abstain from the use of tobacco products and discourage their use by fellow athletes and coaches.
 - c. Abstain from drinking alcoholic beverages while participating in athletic events.
 - d. Abstain from possession or use of any substance prohibited by Federal or Provincial Law.
 - e. Adhere to the guidelines provided by the Canadian Centre for Drug-Free Sport and abstain from the use of all Banned substances and methods.
 - f. Refrain from the use of profane, insulting, harassing or otherwise offensive language.
 - g. Refrain from vandalism and personal misconduct; to abstain from any malicious damage to property or persons.
 - h. Abstain from personal misconduct causing harassment to participants, officials, coaches or spectators.
3. Treat opponents and officials with due respect, both in victory and defeat.
4. Uphold the rules of Ringette and the spirit of those rules. Athletes must:
 - a. Respect the dignity of coaches, officials and fellow athletes; verbal or physical behaviours that constitute harassment or abuse are unacceptable (definition of harassment is attached).
 - b. Never advocate or condone the use of drugs or other banned performance enhancing substances or methods.
 - c. Never provide underage athletes with alcohol.

I have read and understand the above statements and agree to conduct myself in a manner that demonstrates the standards established in the Athletes' Code of Conduct.

Athlete: _____ Date: _____

ATHELETE CODE OF CONDUCT (U12 Petite age and below)

The overall experience for athletes participating in sports should promote the development of healthy and positive values towards themselves, fellow athletes, officials and coaches. The following Code of Conduct, for petites and below, has been developed to aid athletes in achieving a level of behaviour, which assists them in becoming well-rounded, self confident and productive human beings.

- a. I will play Ringette because I want to, not just because others or coaches want me to.
- b. I will play by the rules of Ringette, and in the spirit of the game.
- c. I will control my temper – throwing equipment and “mouthing” off can spoil the activity for everybody.
- d. I will respect my teammates and the members of the other team.
- e. I will do my best to be a true team player.
- f. I will remember that winning isn't everything – that having fun, improving skills, making friends, and doing my best are most important.
- g. I will acknowledge all good plays/performances – those of my team and my opponents.
- h. I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.
- i. I will remember that at all times, on and off the ice, to proudly represent my Team, Association and the Ringette Community."

I agree to this code of conduct, and will follow it.

Athlete: _____ Date: _____

Signature: _____

Parent/Guardian's Signature: _____

PARENT CODE OF CONDUCT

1. Do not force an unwilling child to participate in sports.
2. Remember, children are involved in organized sports for their enjoyment, not yours.
3. Encourage your child always to play by the rules.
4. Teach your child that honest effort is as important as victory so that the result of each game is accepted without undue disappointment.
5. Turn defeat into victory by helping your child work toward improvement and good sportsmanship. Never ridicule or yell at your child for making a mistake or losing a competition.
6. Remember that children learn by example. Applaud good plays by your team and members of the opposing team.
7. Do not question the officials' judgement and never their honesty.
8. Support all efforts to remove verbal and physical abuse from children's sporting activities.
9. Recognize the value and importance of volunteer coaches. They give their time and resources to provide recreational activities for your child.

Player's Name: _____

Date: _____

Parent/Guardian's Name: _____

Parent/Guardian's Signature: _____